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**From:** Caitlin Merrell [REDACTED]  
**Sent:** Tuesday, October 24, 2017 3:47 PM  
**To:** Jeffrey E.  
**Subject:** Thank You from Young NYC!

Dear Jeffrey,

Thank you so much for your generous donation to the Take Steps Walk for Crohn's and Colitis. It means a lot to me as I have been involved with this organization for seven years and they helped develop various medications that have helped me into remission. More than 80 cents of each donated dollar goes directly towards finding a cure, education, patient support and raising awareness. Every year the walk raises around \$60 million and this year the Brooklyn and New York walks combined raised \$500,000. I was one of the Honored Heroes at the Brooklyn walk, and there were 21 of us walking with my team, Young NYC. It was a humid day with some rain, but we all had a great time walking around prospect park in our ponchos.

The walk continues to be the most important thing I do all year for three reasons. For one, raising money to help find a cure and to help fund the research for the medications that I am on. Another is that it is a huge mental boost for me to be around such inspiring people who can really understand what I go through. And the third is the rare opportunity to celebrate the strength of every single person who has the disease with friends and family. Thank you again for your generosity. I have attached below a few pictures from the walk!

Hope to see you soon!

Regards,

Caitlin Merrell

P.S. If you would like to read more about my journey this past year and my role as honored hero follow these links  
([http://online.ccfa.org/site/TR?pg=informational&fr\\_id=7102&type=fr\\_informational&sid=4062](http://online.ccfa.org/site/TR?pg=informational&fr_id=7102&type=fr_informational&sid=4062)  
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